

SCRIPTURAL MEDITATIONS
ON THE MYSTERIES OF THE LIFE OF CHRIST:

*The Most Holy Rosary
of the Blessed Virgin Mary*



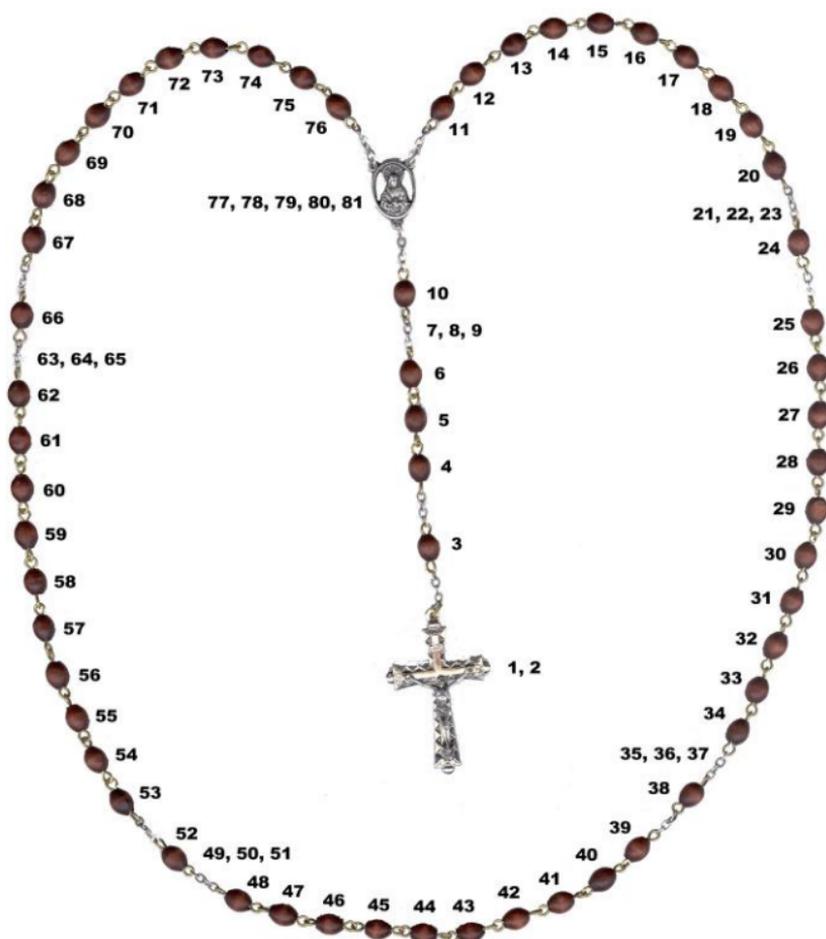
*"Mary kept all these things, pondering them in her heart."
Luke 2,19*

PREPARED FOR THE 2013 CONFIRMATION CLASS OF
ST. JOHN THE BELOVED CATHOLIC CHURCH
MCLEAN, VIRGINIA

With beads in your fingers,
 your mind is alleviated of the burden of marking progress;
 with your ears filled with the holy words of angels, saints and God Himself
 your heart is free to contemplate the divine mysteries of the Word made Flesh:
 the promised arrival of the Messiah
 and all the earthly footsteps of the Savior
 until the beginning of the fulfillment of all His promises.

Focus on Jesus as though watching a movie. Let the words be the soundtrack.

This is meditation with training wheels... from which need never graduate.



INTRODUCTION

1. In the Name of the Father...
2. I believe in God...
3. Our Father...
4. Hail Mary...
5. Hail Mary...
6. Hail Mary...
7. Glory Be... *(optional)*
8. O my Jesus... *(optional)*

THE FIRST DECADE

9. (Announce the first mystery)
10. Our Father...
11. Hail Mary...
12. Hail Mary...
13. Hail Mary...
14. Hail Mary...
15. Hail Mary...
16. Hail Mary...
17. Hail Mary...
18. Hail Mary...
19. Hail Mary...
20. Hail Mary...
21. Glory Be...
22. O my Jesus... *(optional)*

THE SECOND DECADE

23. (Announce the second mystery)
24. Our Father...
25. Hail Mary...
26. Hail Mary...
27. Hail Mary...
28. Hail Mary...
29. Hail Mary...
30. Hail Mary...
31. Hail Mary...
32. Hail Mary...
33. Hail Mary...
34. Hail Mary...
35. Glory Be...
36. O my Jesus... *(optional)*

THE THIRD DECADE

37. (Announce the third mystery)
38. Our Father...
39. Hail Mary...
40. Hail Mary...

41. Hail Mary...
42. Hail Mary...
43. Hail Mary...
44. Hail Mary...
45. Hail Mary...
46. Hail Mary...
47. Hail Mary...
48. Hail Mary...
49. Glory Be...
50. O my Jesus... *(optional)*

THE FOURTH DECADE

51. (Announce the fourth mystery)
52. Our Father...
53. Hail Mary...
54. Hail Mary...
55. Hail Mary...
56. Hail Mary...
57. Hail Mary...
58. Hail Mary...
59. Hail Mary...
60. Hail Mary...
61. Hail Mary...
62. Hail Mary...
63. Glory Be...
64. O my Jesus... *(optional)*

THE FIFTH DECADE

65. (Announce the fifth mystery)
66. Our Father...
67. Hail Mary...
68. Hail Mary...
69. Hail Mary...
70. Hail Mary...
71. Hail Mary...
72. Hail Mary...
73. Hail Mary...
74. Hail Mary...
75. Hail Mary...
76. Hail Mary...
77. Glory Be...
78. O my Jesus... *(optional)*

CONCLUSION

79. Hail Holy Queen... *(optional)*
80. O God, Whose... *(optional)*
81. In the Name of the Father...

PREPARATORY PRAYERS

THE SIGN OF THE CROSS

*In the name of the Father, and of the Son, and of the Holy Spirit.
Amen.*

THE APOSTLES' CREED

I believe in God, the Father Almighty, Creator of heaven and earth;
and in Jesus Christ, His only Son, our Lord;
Who was conceived by the Holy Spirit, born of the Virgin Mary,
suffered under Pontius Pilate, was crucified, died, and was buried,
He descended into hell;
on the third day He arose again from the dead,
He ascended into heaven,
and sits at the right hand of God, the Father Almighty,
from thence He shall come to judge the living and the dead.
*I believe in the Holy Spirit, the Holy Catholic Church,
the communion of Saints, the forgiveness of sins,
the resurrection of the body and life everlasting.
Amen.*

THE LORD'S PRAYER

Our Father, Who art in Heaven, hallowed be Thy name,
Thy kingdom come, Thy will be done on earth as it is in heaven;
*Give us this day our daily bread
and forgive us our trespasses
as we forgive those who trespass against us,
and lead us not into temptation, but deliver us from evil.
Amen.*

THE HAIL MARY

Hail Mary, full of grace, the Lord is with thee,
blessed art thou amongst women
and blessed is the fruit of thy womb, Jesus;
*Holy Mary, Mother of God, pray for us sinners,
now and at the hour of our death.
Amen.*

THE GLORY BE

Glory be to the Father and to the Son and to the Holy Spirit,
*as it was in the beginning, is now, and will be forever.
Amen.*

THE FATIMA PEACE PRAYER

*O My Jesus, forgive us our sins,
save us from the fires of Hell,
lead all souls to Heaven,
especially those most in need of Thy mercy.
Amen.*



THE FIRST JOYFUL MYSTERY

The Annunciation

V. Our Father...

R. *Give us this day...*

1.

V. The angel Gabriel was sent by God to a virgin;

R. *and the virgin's name was Mary. (Luke 1:26,27)*

V. Hail Mary...

R. *Holy Mary...*

2.

V. Hail, full of grace!

R. *The Lord is with you. (Luke 1:28)*

V. Hail Mary...

R. *Holy Mary...*

3.

V. She was deeply disturbed by these words

R. *and asked herself what this greeting could mean. (Luke 1:29)*

V. Hail Mary...

R. *Holy Mary...*

4.

V. But the angel said to her, 'Mary, do not be afraid;

R. *you have won God's favor.' (Luke 1:30)*

V. Hail Mary...

R. *Holy Mary...*

5.

V. Listen! You are to conceive and bear a son,

R. *and you must name him Jesus.' (Luke 1:31)*

V. Hail Mary...

R. *Holy Mary...*

6.

V. He will be great and will be called Son of the Most High;

R. *and his reign will have no end.' (Luke 1:32, 33)*

V. Hail Mary...

R. *Holy Mary...*

7.

V. Mary said to the angel, 'But how can this come about,

R. *since I am a virgin?' (Luke 1:34)*

V. Hail Mary...

R. *Holy Mary...*

8.

V. 'The Holy Spirit will come upon you

R. *and the power of the Most High will cover you with its shadow.'*
(Luke 1:35)

V. Hail Mary...

R. *Holy Mary...*

9.

V. 'And so the child will be holy

R. *and will be called Son of God.' (Luke 1:35)*

V. Hail Mary...

R. *Holy Mary...*

10.

V. 'I am the handmaid of the Lord,' said Mary

R. *'let what you have said be done to me.' (Luke 1:38)*

V. Hail Mary...

R. *Holy Mary...*

V. Glory be...

R. *As it was...*

O my Jesus...



THE SECOND JOYFUL MYSTERY
The Visitation

V. Our Father...

R. Give us this day...

1.

V. Mary set out at that time and went into the hill country

R. *And she went into Zechariah's house and greeted Elizabeth.*
(Luke 1:39,40).

V. Hail Mary...

R. Holy Mary...

2.

V. Now as soon as Elizabeth heard Mary's greeting, the child leaped
in her womb

R. *and Elizabeth was filled with the Holy Spirit.* (Luke 1:41)

V. Hail Mary...

R. Holy Mary...

3.

V. She gave a loud cry and said, 'Of all women you are the most
blessed,

R. *and blessed is the fruit of your womb.'* (Luke 1:42)

V. Hail Mary...

R. Holy Mary...

4.

V. 'Yes, blessed is she who believed

R. *that the promise made her by the Lord would be fulfilled.'*
(Luke 1:45)

V. Hail Mary...

R. Holy Mary...

5.

V. And Mary said: 'My soul proclaims the greatness of the Lord and
my spirit exults in God my savior;

R. *because he has looked upon his lowly handmaid.'* (Luke 1:46-48)

V. Hail Mary...

R. Holy Mary...

6.

V. Yes, from this day forward all generations will call me blessed,

R. *for the Almighty has done great things for me.'* (Luke 1:48, 49)

V. Hail Mary...

R. Holy Mary...

7.

V. Holy is his name,

R. *and his mercy reaches from age to age for those who fear him.'*
(Luke 1:49, 50)

V. Hail Mary...

R. Holy Mary...

8.

V. 'He has shown the power of his arm,

R. *he has routed the proud of heart.'* (Luke 1:51)

V. Hail Mary...

R. Holy Mary...

9.

V. 'He has pulled down princes from their thrones

R. *and exalted the lowly.'* (Luke 1:52)

V. Hail Mary...

R. Holy Mary...

10.

V. 'The hungry he has filled with good things,

R. *the rich sent empty away.'* (Luke 1:53)

V. Hail Mary...

R. Holy Mary...

V. Glory be...

R. As it was...

O my Jesus...



THE THIRD JOYFUL MYSTERY
The Nativity

V. Our Father...

R. *Give us this day...*

1.

V. Now while Mary and Joseph were in Bethlehem

R. *the time came for her to have her child. (Luke 2:6)*

V. Hail Mary...

R. *Holy Mary...*

2.

V. And she gave birth to a son, her first-born,

R. *and she wrapped him in swaddling clothes. Luke 2:7)*

V. Hail Mary...

R. *Holy Mary...*

3.

V. And she laid him in a manger

R. *because there was no room for them at the inn. (Luke 2:79)*

V. Hail Mary...

R. *Holy Mary...*

4.

V. In the countryside close by there were shepherds

R. *and the angel of the Lord appeared to them. (Luke 2:8, 9)*

V. Hail Mary...

R. *Holy Mary...*

5.

V. 'Do not be afraid. Listen, I bring you news of great joy,

R. *a joy to be shared by the whole people.' (Luke 2:10)*

V. Hail Mary...

R. *Holy Mary...*

6.

V. 'Today in the town of David a savior has been born to you;

R. *he is Christ the Lord.' (Luke 2:11)*

V. Hail Mary...

R. *Holy Mary...*

7.

V. 'Glory to God in the highest heaven,

R. *and peace to men who enjoy his favor.' (Luke 2:14)*

V. Hail Mary...

R. *Holy Mary...*

8.

V. And some wise men came from the east,

R. *and going in they saw the child with his mother Mary. (Matt 2:1, 11)*

V. Hail Mary...

R. *Holy Mary...*

9.

V. And falling to their knees they did him homage.

R. *Then they offered him gifts of gold and frankincense and myrrh.*
(Matt 2:11)

V. Hail Mary...

R. *Holy Mary...*

10.

V. And Mary kept in mind all these things

R. *and pondered them in her heart. (Luke 2:19)*

V. Hail Mary...

R. *Holy Mary...*

V. Glory be...

R. *As it was...*

O my Jesus...



THE FOURTH JOYFUL MYSTERY
The Presentation

V. Our Father...

R. *Give us this day...*

1.

V. Observing the Law of Moses, they took Jesus up to Jerusalem

R. *to present him to the Lord. (Luke 2:22)*

V. Hail Mary...

R. *Holy Mary...*

2.

V. Now in Jerusalem there was a man named Simeon.

R. *He was an upright and devout man. (Luke 2:25)*

V. Hail Mary...

R. *Holy Mary...*

3.

V. It had been revealed to him by the Holy Spirit that he would not see death

R. *until he had set eyes on the Christ of the Lord. (Luke 2:26)*

V. Hail Mary...

R. *Holy Mary...*

4.

V. And when the parents brought in the child Jesus, he took him into his arms

R. *and blessed God. (Luke 2:27, 28)*

V. Hail Mary...

R. *Holy Mary...*

5.

V. 'Now, Master, you can let your servant go in peace,

R. *just as you promised.' (Luke 2:29)*

V. Hail Mary...

R. *Holy Mary...*

6.

V. 'Because my eyes have seen the salvation

R. *which you have prepared for all the nations to see.'*
(Luke 2:30, 31)

V. Hail Mary...

R. *Holy Mary...*

7.

V. 'A light to enlighten the pagans

R. *and the glory of your people Israel.'* (Luke 2:32)

V. Hail Mary...

R. *Holy Mary...*

8.

V. And he said to Mary his mother, 'You see this child: he is destined for the fall and for the rising of many in Israel,

R. *destined to be a sign that is rejected.'* (Luke 2:34)

V. Hail Mary...

R. *Holy Mary...*

9.

V. 'And a sword will pierce your own soul too--

R. *so that the secret thoughts of many may be laid bare.'* (Luke 2:35)

V. Hail Mary...

R. *Holy Mary...*

10.

V. And they went back to Nazareth, and the child grew to maturity, and he was filled with wisdom;

R. *and God's favor was with him. (Luke 2:39, 40)*

V. Hail Mary...

R. *Holy Mary...*

V. Glory be...

R. *As it was...*

O my Jesus...



THE FIFTH JOYFUL MYSTERY
The Finding in the Temple

V. Our Father...

R. Give us this day...

1.

V. When Jesus was twelve years old, they went up to Jerusalem

R. for the feast of the Passover. (Luke 2:41, 42)

V. Hail Mary...

R. Holy Mary...

2.

V. When they were on their way home, the boy Jesus stayed behind
in Jerusalem

R. without his parents knowing it. (Luke 2:43)

V. Hail Mary...

R. Holy Mary...

3.

V. They went back to Jerusalem looking for him everywhere.

R. Three days later, they found him in the Temple. (Luke 2:45, 46)

V. Hail Mary...

R. Holy Mary...

4.

V. He was sitting among the doctors,

R. listening to them, and asking them questions. (Luke 2:46)

V. Hail Mary...

R. Holy Mary...

5.

V. And all those who heard him were astounded

R. at his intelligence and his replies. (Luke 2:47)

V. Hail Mary...

R. Holy Mary...

6.

V. 'My child, why have you done this to us?

R. See how worried your father and I have been, looking for you.'
(Luke 2:48)

V. Hail Mary...

R. Holy Mary...

7.

V. 'Why were you looking for me?

R. Did you not know that I must be busy with my Father's affairs?'
(Luke 2:49)

V. Hail Mary...

R. Holy Mary...

8.

V. But they did not understand

R. what he meant. (Luke 2:50)

V. Hail Mary...

R. Holy Mary...

9.

V. He then went down with them and came to Nazareth

R. and lived under their authority. (Luke 2:51)

V. Hail Mary...

R. Holy Mary...

10.

V. And Jesus increased in wisdom, in stature, and in favor

R. with God and men. (Luke 2:52)

V. Hail Mary...

R. Holy Mary...

V. Glory be...

R. As it was...

O my Jesus...



THE FIRST LUMINOUS MYSTERY
The Baptism in the Jordan

V. Our Father...

R. *Give us this day...*

1.

V. There was a man sent from God, whose name was John.

R. *He came for testimony, to bear witness to the light, that all might believe through him. (John 1:6)*

V. Hail Mary...

R. *Holy Mary...*

2.

V. The word of God came to John,

R. *and he went, preaching a baptism of repentance for the forgiveness of sins. (Luke 3:1,3)*

V. Hail Mary...

R. *Holy Mary...*

3.

V. They went out to him

R. *and were baptized in the River Jordan, confessing their sins. (Mt. 3:5,6)*

V. Hail Mary...

R. *Holy Mary...*

4.

V. "I baptize you with water; but he who is mightier than I is coming,

R. *He will baptize you with the Holy Spirit and fire." (Luke 3:16)*

V. Hail Mary...

R. *Holy Mary...*

5.

V. "Behold, the Lamb of God,

R. *who takes away the sin of the world." (John 1:29)*

V. Hail Mary...

R. *Holy Mary...*

6.

V. He saw the Spirit of God descending like a dove,

R. *and alighting on him. (Mt. 3:16)*

V. Hail Mary...

R. *Holy Mary...*

7.

V. And lo, a voice from heaven saying,

R. *"This is my beloved Son with whom I am well pleased." (Mt. 3:17)*

V. Hail Mary...

R. *Holy Mary...*

8.

V. And John bore witness, "I saw the Spirit descend as a dove from heaven,

R. *and it remained on him." (Jn. 1:32)*

V. Hail Mary...

R. *Holy Mary...*

9.

V. He on whom you see the Spirit descend and remain,

R. *this is he who baptizes with the Holy Spirit... (Jn. 1:33)*

V. Hail Mary...

R. *Holy Mary...*

10.

V. Therefore, if any one is in Christ, he is a new creation;

R. *the old has passed away, behold the new has come. (II Cor. 5:17)*

V. Hail Mary...

R. *Holy Mary...*

V. Glory be...

R. *As it was...*

O my Jesus...



THE SECOND LUMINOUS MYSTERY
The Wedding at Cana

V. Our Father...

R. *Give us this day...*

1.

V. On the third day there was a wedding at Cana in Galilee and the mother of Jesus was there;

R. *Jesus also was invited to the marriage, with his disciples. (John 2:1-2)*

V. Hail Mary...

R. *Holy Mary...*

2.

V. When the wine gave out, the mother of Jesus said to him,

R. *"They have no wine." (John 2:3)*

V. Hail Mary...

R. *Holy Mary...*

3.

V. Jesus said to her, "O woman, what have you to do with me?"

R. *"My hour has not yet come." (John 2:4)*

V. Hail Mary...

R. *Holy Mary...*

4.

V. His mother said to the servants,

R. *"Do whatever he tells you." (John 2:5)*

V. Hail Mary...

R. *Holy Mary...*

5.

V. Jesus said to them,

R. *"Fill the jars with water." (John 2:7)*

V. Hail Mary...

R. *Holy Mary...*

6.

V. *He said to them, "Now draw some out,*

R. and take it to the steward of the feast." (John 2:8)

V. Hail Mary...

R. *Holy Mary...*

7.

V. When the steward of the feast tasted the water now made wine,

R. *he called the bridegroom to him... (John 2:9)*

V. Hail Mary...

R. *Holy Mary...*

8.

V. "Every man serves the good wine first; and when men have drunk freely, then the poor wine,

R. *but you have kept the good wine until now." (John 2:10)*

V. Hail Mary...

R. *Holy Mary...*

9.

V. This, the first of his signs, Jesus did at Cana in Galilee,

R. *and manifested his glory... (John 2:11)*

V. Hail Mary...

R. *Holy Mary...*

10.

V. ...and his disciples...

R. *believed in him. (John 2:11)*

V. Hail Mary...

R. *Holy Mary...*

V. Glory be...

R. *As it was...*

O my Jesus...



THE THIRD LUMINOUS MYSTERY
The Preaching of the Kingdom

V. Our Father...

R. *Give us this day...*

1.

V. "The time is fulfilled, and the kingdom of God is at hand;

R. *repent, and believe in the gospel."* (Mark 1:15)

V. Hail Mary...

R. *Holy Mary...*

2.

V. He went about all Galilee, teaching in their synagogues and preaching the gospel of the kingdom,

R. *and healing every disease and every infirmity among the people... and great crowds followed him.* (Mt 4:23)

V. Hail Mary...

R. *Holy Mary...*

3.

V. "The Spirit of the Lord is upon me,

R. *because he has anointed me to bring glad tidings to the poor."* (Is. 61:1)

V. Hail Mary...

R. *Holy Mary...*

4.

V. The crowds were astonished at his teaching,

R. *for he taught them as one who had authority, and not as their scribes.* (Mt. 7:28)

V. Hail Mary...

R. *Holy Mary...*

5.

V. He went up a mountain and taught them, saying,

R. *"Blessed are the poor in spirit, for theirs is the kingdom of heaven."* (Mt. 5)

V. Hail Mary...

R. *Holy Mary...*

6.

V. "What is the kingdom of God like?... It is like a grain of mustard seed which a man took and sowed in his garden;

R. *and it grew and became a tree, and the birds of the air made nest in its branches."* (Luke 13:18, 19)

V. Hail Mary...

R. *Holy Mary...*

7.

V. And he called the twelve together and gave them power and authority over demons and to cure diseases,

R. *and he sent them out to preach the kingdom of God and to heal.* (Mt 9:1)

V. Hail Mary...

R. *Holy Mary...*

8.

V. "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven;

R. *if you retain the sins of any, they are retained."* (John 20:23)

V. Hail Mary...

R. *Holy Mary...*

9.

V. "For this I have come into the world, to bear witness to the truth.

R. *Every one who is of the truth hears my voice."* (John 18:3)

V. Hail Mary...

R. *Holy Mary...*

10.

V. God spoke of old to our fathers by the prophets;

R. *but in these days he has spoken to us by a Son...* (Hb 1:1)

V. Hail Mary...

R. *Holy Mary...*

V. Glory be...

R. *As it was...*

O my Jesus...



THE FOURTH LUMINOUS MYSTERY
The Transfiguration

V. Our Father...

R. *Give us this day...*

1.

V. Jesus took with him Peter, James, John, and led them up a high mountain apart.

R. *And he was transfigured before them, and his face shone like the sun, and his garments became white as light. (Mt. 17: 1,2)*

V. Hail Mary...

R. *Holy Mary...*

2.

V. And behold, there appeared to them

R. *Moses and Elijah, talking to him. (Mt 17:3)*

V. Hail Mary...

R. *Holy Mary...*

3.

V. And Peter said to Jesus, "Lord it is well that we are here..."

R. *He was still speaking, when lo, a bright cloud overshadowed them... (Mt. 17:4,5)*

V. Hail Mary...

R. *Holy Mary...*

4.

V. And a voice from the cloud said,

R. *"This is my beloved son, with whom I am well pleased; listen to him." (Mt 17:5)*

V. Hail Mary...

R. *Holy Mary...*

5.

V. When the disciples heard this they fell on their faces, and were filled with awe. But Jesus came and touched them, saying,

R. *"Rise and have no fear." And when they lifted up their eyes, they saw no one but Jesus only. (Mt. 17: 6-8)*

V. Hail Mary...

R. *Holy Mary...*

6.

V. And as they were coming down the mountain, Jesus commanded them,

R. *"Tell no one the vision, until the Son of man is raised from the dead." (Mt 17:9)*

V. Hail Mary...

R. *Holy Mary...*

7.

V. We did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ,

R. *but we were eyewitnesses of his majesty. (II Peter 1:16)*

V. Hail Mary...

R. *Holy Mary...*

8.

V. For when he received honor and glory from God the Father and the voice was borne to him by the Majestic Glory...

R. *we heard this voice from heaven, for we were with him on the holy mountain. (II Peter 1:17, 18)*

V. Hail Mary...

R. *Holy Mary...*

9.

V. We await a Savior, the Lord Jesus Christ,

R. *who will change our lowly body to be like his glorious body. (Phil 3:20)*

V. Hail Mary...

R. *Holy Mary...*

10.

V. We will all be changed in a moment, in the twinkling of an eye,

R. *at the last trumpet... we shall be changed. (I Cor. 15:51)*

V. Hail Mary...

R. *Holy Mary...*

V. Glory be...

R. *As it was...*

O my Jesus...

THE FIFTH LUMINOUS MYSTERY
The Last Supper

V. Our Father...

R. *Give us this day...*

1.

V. Jesus said to them, "I am the bread of life; he who comes to me shall not hunger,

R. *and he who comes to me shall never thirst." (John 6:35)*

V. Hail Mary...

R. *Holy Mary...*

2.

V. "For this is the will of my Father, that everyone who sees the Son and believes in him should have eternal life;

R. *and I will raise him up on the last day." (John 6:40)*

V. Hail Mary...

R. *Holy Mary...*

3.

V. "Unless you eat the flesh of the Son of man and drink his blood,

R. *you have no life in you... (John 5:53)*

V. Hail Mary...

R. *Holy Mary...*

4.

V. Now before the feast of the Passover, when Jesus knew that his hour had come to depart out of this world to the Father,

R. *having loved his own who were in the world, he loved them to the end. (John 13:1)*

V. Hail Mary...

R. *Holy Mary...*

5.

V. Jesus sent Peter and John, saying,

R. *"Go prepare the Passover for us, that we may eat it." (Luke 22:8)*

V. Hail Mary...

R. *Holy Mary...*

6.

V. And when the hour came, he sat at table,

R. *and the apostles with him. (Luke 2:14)*

V. Hail Mary...

R. *Holy Mary...*

7.

V. And he took bread, and when he had given thanks, he broke and gave it to them, saying,

R. *"This is my body which is given for you. Do this in remembrance of me." (Luke 22:19)*

V. Hail Mary...

R. *Holy Mary...*

8.

V. And likewise the cup after supper, saying,

R. *"This cup which is poured out for you is the new covenant in my blood." (Luke 22:21)*

V. Hail Mary...

R. *Holy Mary...*

9.

V. As often as you eat this bread and drink this cup,

R. *you proclaim the Lord's death until he comes. (I Cor. 11:26)*

V. Hail Mary...

R. *Holy Mary...*

10.

V. "And behold I am with you always,

R. *until the end of the world." (Mt. 28:20)*

V. Hail Mary...

R. *Holy Mary...*

V. Glory be...

R. *As it was...*

O my Jesus...



THE FIRST SORROWFUL MYSTERY
The Agony in the Garden

V. Our Father...

R. *Give us this day...*

1.

V. Jesus came with them to Gethsemane.

R. *And sadness came over him, and great distress. (Mt 26:36, 37)*

V. Hail Mary...

R. *Holy Mary...*

2.

V. Then he said,

'My soul is sorrowful to the point of death

R. *Wait here and keep awake with me.' (Mt 26:38)*

V. Hail Mary...

R. *Holy Mary...*

3.

V. Then he withdrew from them.

R. *and knelt down and prayed. (Lk 22:41)*

V. Hail Mary...

R. *Holy Mary...*

4.

V. 'Father, if you are willing,

take this cup away from me.

R. *Nevertheless, let your will be done, not mine.' (Lk 22:42)*

V. Hail Mary...

R. *Holy Mary...*

5.

V. Then an angel appeared to him,

R. *coming from heaven to give him strength. (Lk 22:43)*

V. Hail Mary...

R. *Holy Mary...*

6.

V. In his anguish

R. *he prayed even more earnestly. (Lk 22:42)*

V. Hail Mary...

R. *Holy Mary...*

7.

V. And his sweat fell to the ground

R. *like great drops of blood. (Lk 22:44)*

V. Hail Mary...

R. *Holy Mary...*

8.

V. Then he came back to his disciples and found them sleeping, and he said to them,

R. *'So you had not the strength to keep awake with me one hour?' (Mt 26:40)*

V. Hail Mary...

R. *Holy Mary...*

9.

V. 'Watch and pray, that you enter not into temptation:

R. *the spirit is willing but the flesh is weak.' (Mt 26:41)*

V. Hail Mary...

R. *Holy Mary...*

10.

V. 'Arise, let us be going:

R. *behold, he is at hand that will betray me.' (Mt 26:46)*

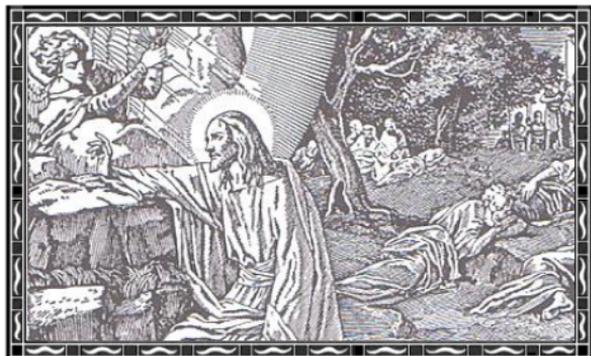
V. Hail Mary...

R. *Holy Mary...*

V. Glory be...

R. *As it was...*

O my Jesus...



THE SECOND SORROWFUL MYSTERY
The Scouring at the Pillar

V. Our Father...

R. Give us this day...

1.

V. They had Jesus bound and handed him over to Pilate.

R. Pilate questioned him, 'Are you the king of the Jews?' (Mk 15:1, 2)

V. Hail Mary...

R. Holy Mary...

2.

V. Jesus replied, 'Mine is not a kingdom of this world;

R. and all who are on the side of truth listened to my voice.'

(Jn 18:36, 37)

V. Hail Mary...

R. Holy Mary...

3.

V. 'I came into the world for this: to bear witness to the truth;

R. and all who are on the side of truth listen to my voice.' (Jn 18:37)

V. Hail Mary...

R. Holy Mary...

4.

V. 'Truth?' said Pilate, 'What is that?';

R. and with that he went out again to the Jews and said, 'I find no case against him. (Jn 18:38)

V. Hail Mary...

R. Holy Mary...

5.

V. 'So I shall have him flogged and then let him go.'

R. Pilate then had Jesus taken away and scourged. (Lk 23:16; Jn 19:1)

V. Hail Mary...

R. Holy Mary...

6.

V. Despised and rejected by men,

R. a man of sorrows. (Is 53:3)

V. Hail Mary...

R. Holy Mary...

7.

V. Harshly dealt with, he bore it humbly,

R. like a lamb that is led to the slaughter-house. (Is 53:7)

V. Hail Mary...

R. Holy Mary...

8.

V. Yet he was pierced through for our faults,

R. crushed for our sins. (Is 53:5)

V. Hail Mary...

R. Holy Mary...

9.

V. Ours were the sufferings he bore,

R. ours the sorrows he carried. (Is 53:4)

V. Hail Mary...

R. Holy Mary...

10.

V. On him lies a punishment that brings us peace,

R. and through his wounds we are healed. (Is 53:5)

V. Hail Mary...

R. Holy Mary...

V. Glory be...

R. As it was...

O my Jesus...



THE THIRD SORROWFUL MYSTERY
The Crowning of Thorns

V. Our Father...

R. *Give us this day...*

1.

V. The soldiers led him away to the Praetorium.

R. *Then they stripped him and dressed him in purple.*

(Mk 15:16,17; Mt 27:28)

V. Hail Mary...

R. *Holy Mary...*

2.

V. And having twisted some thorns into a crown they put this on his head

R. *and placed a reed in his right hand.* (Mt 27:29)

V. Hail Mary...

R. *Holy Mary...*

3.

V. To make fun of him they knelt to him

R. *saying 'Hail, king of the Jews!'* (Mt 27:29)

V. Hail Mary...

R. *Holy Mary...*

4.

V. And they spat on him

R. *and took the reed and struck him on the head.* (Mt 27:30)

V. Hail Mary...

R. *Holy Mary...*

5.

V. then Pilate took some water, washed his hands in front of the crowd

R. *and said, 'I am innocent of this man's blood. It is your concern.'*

(Mt 27:24)

V. Hail Mary...

R. *Holy Mary...*

6.

V. Jesus then came out

R. *wearing the crown of thorns and the purple robe.* (Jn 19:5)

V. Hail Mary...

R. *Holy Mary...*

7.

V. 'Here is your king,' said Pilate.

R. *'Take him away!' they said. 'Crucify him!'* (Jn 19:15)

V. Hail Mary...

R. *Holy Mary...*

8.

V. 'Why, what harm has he done?'

R. *But they shouted all the louder, 'Crucify him!'* (Mk 15:14)

V. Hail Mary...

R. *Holy Mary...*

9.

V. 'Do you want me to crucify your king?'

R. *The chief priest answered, 'We have no king except Caesar.'*

(Jn 19:15)

V. Hail Mary...

R. *Holy Mary...*

10.

V. So Pilate, anxious to placate the crowd,

R. *handed him over to be crucified.* (Mk 15:15)

V. Hail Mary...

R. *Holy Mary...*

V. Glory be...

R. *As it was...*

O my Jesus...



THE FOURTH SORROWFUL MYSTERY

The Carrying of the Cross

V. Our Father...

R. *Give us this day...*

1.

V. 'If anyone wants to be a follower of mine,

R. *let him renounce himself.'* (Lk 9:23)

V. Hail Mary...

R. *Holy Mary...*

2.

V. And take up his cross every day

R. *and follow me.'* (Lk 9:23)

V. Hail Mary...

R. *Holy Mary...*

3.

V. And carrying his own cross

R. *they led him out to crucify him.* (Jn 19:17; Mk 15:21)

V. Hail Mary...

R. *Holy Mary...*

4.

V. And they seized on a man, Simon from Cyrene,

R. *and made him shoulder the cross and carry it behind Jesus.*
(Lk 23:26)

V. Hail Mary...

R. *Holy Mary...*

5.

V. 'Shoulder my yoke

R. *and learn from me.'* (Mt 11:29)

V. Hail Mary...

R. *Holy Mary...*

6.

V. 'For I am gentle

R. *and humble in heart.'* (Mt 11:29)

V. Hail Mary...

R. *Holy Mary...*

7.

V. 'And you will find rest for your souls.

R. *Yes, my yoke is easy and my burden light.'* (Mt 11:29, 30)

V. Hail Mary...

R. *Holy Mary...*

8.

V. Large numbers of people followed him,

R. *and of women too, who mourned and lamented for him.* (Lk 23:27)

V. Hail Mary...

R. *Holy Mary...*

9.

V. But Jesus turned to them and said, 'Daughters of Jerusalem, do not weep for me;

R. *weep rather for yourselves and for your children'* (Lk 23:28)

V. Hail Mary...

R. *Holy Mary...*

10.

V. 'For if men use the green wood like this,

R. *what will happen when it is dry?'* (Lk 23:31)

V. Hail Mary...

R. *Holy Mary...*

V. Glory be...

R. *As it was...*

O my Jesus...



THE FIFTH SORROWFUL MYSTERY
The Crucifixion & Death of Our Lord

V. Our Father...

R. *Give us this day...*

1.

V. When they reached the place called The Skull,

R. *they crucified him. (Lk 23:33)*

V. Hail Mary...

R. *Holy Mary...*

2.

V. Jesus said, 'Father, forgive them;

R. *they do not know what they are doing.' (Lk 23:34)*

V. Hail Mary...

R. *Holy Mary...*

3.

V. One of the criminals crucified with him said,

'Jesus, remember me

R. *when you come into your kingdom.' (Lk 23:39, 42; Mk 15:32)*

V. Hail Mary...

R. *Holy Mary...*

4.

V. 'Indeed, I promise you,' he said,

R. *'today you will be with me in paradise.'* (Lk 23:43)

V. Hail Mary...

R. *Holy Mary...*

5.

V. Near the cross of Jesus stood his mother

R. *and the disciple he loved. (Jn 19:25, 26)*

V. Hail Mary...

R. *Holy Mary...*

6.

V. Jesus said to his mother, 'Woman, this is your son.'

R. *Then to the disciple he said, 'This is your mother.'* (Jn 19:26, 27)

V. Hail Mary...

R. *Holy Mary...*

7.

V. And from that moment

R. *the disciple made a place for her in his home. (Jn 19:27)*

V. Hail Mary...

R. *Holy Mary...*

8.

V. And a darkness came over the whole land, and the earth quaked;

R. *and the veil of the Temple was torn in two. (Lk 23:44; Mt 27:51)*

V. Hail Mary...

R. *Holy Mary...*

9.

V. And Jesus cried out in a loud voice,

R. *'Father, into your hands I commit my spirit.'* (Lk 23:46)

V. Hail Mary...

R. *Holy Mary...*

10.

V. And bowing his head

R. *he breathed his last. (Jn 19:30; Lk 23:46)*

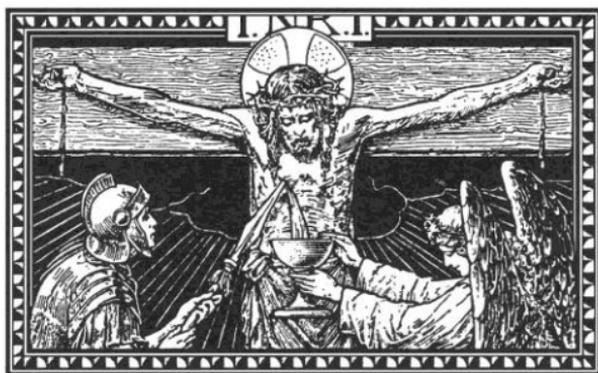
V. Hail Mary...

R. *Holy Mary...*

V. Glory be...

R. *As it was...*

O my Jesus...



THE FIRST GLORIOUS MYSTERY
The Resurrection of our Lord

V. Our Father...

R. *Give us this day...*

1.

V. 'I tell you most solemnly, you will be sorrowful,

R. *but your sorrow will turn to joy.'* (John 16:20)

V. Hail Mary...

R. *Holy Mary...*

2.

V. 'For I shall see you again, and your hearts will be full of joy,

R. *and that joy no one shall take from you.'* (John 16:22)

V. Hail Mary...

R. *Holy Mary...*

3.

V. At the first sign of dawn, they went to the tomb

R. *with the spices they had prepared.* (Luke 24:1)

V. Hail Mary...

R. *Holy Mary...*

4.

V. And all at once the angel of the Lord, descending from heaven,

R. *came and rolled away the stone and sat on it.* (Matt 28:2)

V. Hail Mary...

R. *Holy Mary...*

5.

V. 'I know you are looking for Jesus, who was crucified.

R. *He is not here.'* (Matt 28:5, 6)

V. Hail Mary...

R. *Holy Mary...*

6.

V. 'He has risen from the dead.

R. *Come and see the place where he lay.'* (Luke 24:6; Matt 28:6, 7)

V. Hail Mary...

R. *Holy Mary...*

7.

V. 'And now he is going before you to Galilee;

R. *it is there you will see him.'* (Matt 28:7)

V. Hail Mary...

R. *Holy Mary...*

8.

V. And the women came out from the tomb

R. *filled with awe and great joy.* (Mark 16:8; Matt 28:8)

V. Hail Mary...

R. *Holy Mary...*

9.

V. 'I am the resurrection and the life.

R. *If anyone believes in me, even though he dies he will live.'*
(John 11:25)

V. Hail Mary...

R. *Holy Mary...*

10.

V. 'And whoever lives and believes in me

R. *will never die.'* (John 11:26)

V. Hail Mary...

R. *Holy Mary...*

V. Glory be...

R. *As it was...*

O my Jesus...



THE SECOND GLORIOUS MYSTERY
The Ascension of our Lord into Heaven

V. Our Father...

R. *Give us this day...*

1.

V. Jesus took them out as far as the outskirts of Bethany,
R. *and lifting up his hands he blessed them. (Luke 24:50)*

V. Hail Mary...

R. *Holy Mary...*

2.

V. He said, 'All authority in heaven and on earth

R. *has been given to me.' (Matt 28:18)*

V. Hail Mary...

R. *Holy Mary...*

3.

V. 'Go, therefore,

R. *make disciples of all the nations.' (Matt 28:19)*

V. Hail Mary...

R. *Holy Mary...*

4.

V. 'Baptize them

R. *in the name of the Father, and of the son, and of the Holy Spirit.'*
(Matt 28:19)

V. Hail Mary...

R. *Holy Mary...*

5.

V. 'And teach them to observe

R. *all the commands I gave you.' (Matt 28:20)*

V. Hail Mary...

R. *Holy Mary...*

6.

V. 'He who believes and is baptized

R. *will be saved.' (Mark 16:16)*

V. Hail Mary...

R. *Holy Mary...*

7.

V. 'He who does not believe

R. *will be condemned.' (Mark 16:16)*

V. Hail Mary...

R. *Holy Mary...*

8.

V. 'And know that I am with you always;

R. *yes, to the end of time.' (Matt 28:20)*

V. Hail Mary...

R. *Holy Mary...*

9.

V. As he said this he was lifted up,

R. *and a cloud took him from their sight. (Acts 1:9)*

V. Hail Mary...

R. *Holy Mary...*

10.

V. And so the Lord Jesus was taken up into heaven:

R. *there at the right hand of God he took his place. (Mark 16:19)*

V. Hail Mary...

R. *Holy Mary...*

V. Glory be...

R. *As it was...*

O my Jesus...



THE THIRD GLORIOUS MYSTERY
The Descent of the Holy Spirit on the Apostles

V. Our Father...

R. Give us this day...

1.

V. When Pentecost day came around,

R. they had all met in one room. (Acts 2:1)

V. Hail Mary...

R. Holy Mary...

2.

V. Suddenly they heard what sounded like a powerful wind from heaven,

R. the noise of which filled the entire house. (Acts 2:2)

V. Hail Mary...

R. Holy Mary...

3.

V. And something appeared to them that seemed like tongues of fire;

R. these separated and came to rest on the head of each of them. (Acts 2:3)

V. Hail Mary...

R. Holy Mary...

4.

V. They were all filled with the Holy Spirit,

R. and began to speak about the marvels of God. (Acts 2:4, 11)

V. Hail Mary...

R. Holy Mary...

5.

V. Now these were devout men living in Jerusalem

R. from every nation under heaven. (Acts 2:5)

V. Hail Mary...

R. Holy Mary...

6.

V. And Peter stood up with the Eleven

R. and addressed them in a loud voice. (Acts 2:14)

V. Hail Mary...

R. Holy Mary...

7.

V. 'Repent and be baptized,

R. and you will receive the gift of the Holy Spirit.' (Acts 2:38)

V. Hail Mary...

R. Holy Mary...

8.

V. And they accepted what he said and were baptized.

R. That very day about three thousand were added to their number. (Acts 2:41)

V. Hail Mary...

R. Holy Mary...

9.

V. Send forth your Spirit, and they shall be created;

R. and you shall renew the face of the earth. (Psalm 104,30)

V. Hail Mary...

R. Holy Mary...

10.

V. Come, Holy Spirit, fill the hearts of your faithful:

R. and kindle in them the fire of your love. (Romans 5,5)

V. Hail Mary...

R. Holy Mary...

V. Glory be...

R. As it was...

O my Jesus...



THE FOURTH GLORIOUS MYSTERY

The Assumption of our Blessed Mother into Heaven

V. Our Father...

R. *Give us this day...*

1.

V. 'Come then, my love,

R. *my lovely one, come.'* (Song 2:10)

V. Hail Mary...

R. *Holy Mary...*

2.

V. 'For see, winter is past,

R. *the rains are over and gone.'* (Song 2:11)

V. Hail Mary...

R. *Holy Mary...*

3.

V. 'Show me your face, let me hear your voice;

R. *for your voice is sweet and your face is beautiful.'* (Song 2:14)

V. Hail Mary...

R. *Holy Mary...*

4.

V. And the sanctuary of God in heaven opened.

R. *Then came flashes of lightning and peals of thunder.* (Rev 11:19)

V. Hail Mary...

R. *Holy Mary...*

5.

V. Now a great sign appeared in heaven:

R. *a woman, adorned with the sun.* (Rev 12:1)

V. Hail Mary...

R. *Holy Mary...*

6.

V. She was standing on the moon,

R. *with the twelve stars on her head for a crown.*

(Rev 12:1)

V. Hail Mary...

R. *Holy Mary...*

7.

V. With jewels set in gold, and dressed in brocades,

R. *the king's daughter is led in to the king.* (Psalm 45:13, 14)

V. Hail Mary...

R. *Holy Mary...*

8.

V. May you be blessed, my daughter, by God Most High,

R. *beyond all women on earth.* (Judith 13:23)

V. Hail Mary...

R. *Holy Mary...*

9.

V. The trust you have shown shall not pass from the memories of men,

R. *but shall ever remind them of the power of God.* (Judith 13:25)

V. Hail Mary...

R. *Holy Mary...*

10.

V. You are the glory of Jerusalem! You are the great pride of Israel!

R. *You are the highest honor of our people!* (Judith 15:10)

V. Hail Mary...

R. *Holy Mary...*

V. Glory be...

R. *As it was...*

O my Jesus...



THE FIFTH GLORIOUS MYSTERY
The Coronation of our Blessed Mother

V. Our Father...

R. *Give us this day...*

1.

V. Who is this arising like the dawn,

R. *fair as the moon, resplendent as the sun?* (Song 6:10)

V. Hail Mary...

R. *Holy Mary...*

2.

V. Like the rainbow gleaming against brilliant clouds,

R. *like blossoms in the days of spring.* (Ecclus 50:7, 8)

V. Hail Mary...

R. *Holy Mary...*

3.

V. 'I am the rose of Sharon,

R. *I am the lily of the valleys.'* (Song 2:1)

V. Hail Mary...

R. *Holy Mary...*

4.

V. 'My throne is in a pillar of cloud,

R. *and for eternity I shall remain.* (Ecclus 24:4, 9)

V. Hail Mary...

R. *Holy Mary...*

5.

V. 'Approach me, you who desire me,

R. *and take your fill of my fruits.'* (Ecclus 24:19)

V. Hail Mary...

R. *Holy Mary...*

6.

V. 'I am like a vine putting out graceful shoots,

R. *my blossoms are sweeter than honey.'* (Ecclus 24:17, 20)

V. Hail Mary...

R. *Holy Mary...*

7.

V. 'And now, my children, listen to me;

R. *listen to instruction and learn to be wise.'* (Prov 8:32, 33)

V. Hail Mary...

R. *Holy Mary...*

8.

V. 'Happy are those who keep my ways,

R. *who day after day watch at my gates.'* (Prov 8:32, 34)

V. Hail Mary...

R. *Holy Mary...*

9.

V. 'For those who find me find life,

R. *and win favor from the Lord.'* (Prov 8:35)

V. Hail Mary...

R. *Holy Mary...*

10.

V. Hail, Queen of mercy, protect us from the enemy,

R. *and receive us at the hour of death.*

(Queenship of the B.V.M., Gradual)

V. Hail Mary...

R. *Holy Mary...*

V. Glory be...

R. *As it was...*

O my Jesus...



CONCLUDING PRAYERS

THE SALVE REGINA

5.
S Alve, Regína, * máter mi-se-ricórdi-ae : Ví-ta, dulcéd-
do, et spes nóstra, sálve. Ad te clamámus, éxsu-les, fí-
li- i Hévae. Ad te suspi-rámus, geméntes et fléntes in hac
lacrimárum vátte. E-ia ergo, Advocáta nóstra, illos tú-os
mi-se-ricódes ócu-los ad nos convérte. Et Jésum, benedí-
ctum frúctum véntris tú- i, nóbis post hoc exsí-li-um ostén-
de. O clé-mens : O pí- a : O dúlcis * Vírgo Ma-rí- a.

V. Ora pro nóbis sáncta Dói Génitrix.
R. Ut digni efficiámur promissionibus Christi.

*Hail Holy Queen, Mother of mercy!
Our life, our sweetness and our hope!
To thee do we cry,
 poor banished children of Eve;
to thee do we send up our sighs,
 mourning and weeping in this valley of tears!
Turn then, most gracious advocate, thine eyes of mercy toward us;
and, after this, our exile,
 show unto us the blessed fruit of thy womb, Jesus.
O clement, O loving, O sweet Virgin Mary!*

V. Pray for us, O Holy Mother of God.
R. That we may be made worthy of the promises of Christ.

V. Let us pray.
R. O God, Whose only-begotten Son,
 by his Life, Death and Resurrection,
 has purchased for us the rewards of eternal life,
 grant we beseech Thee, that
 meditating on these mysteries of the most holy Rosary
 of the blessed Virgin Mary,
 we imitate what they contain and obtain what they promise,
 through the same Christ our Lord.
Amen.

